



Care of Temporary Crown & Bridges

You have just received a temporary restoration that will serve you for a short period of time while the permanent one is being made. A few comments about this important interim restoration will be helpful to you:

1. Chewing

- Temporary cement requires about 10 minutes to set. Please do not chew during this period of time.

2. Strength

- Temporary crowns and bridges are not as secure as the permanent ones as we can only use a temporary cement to enable them to be easily removed at the next appointment.

3. Dislodgement

- Occasionally temporary crowns may break or come off. If this occurs, please **KEEP THE TEMPORARY**, telephone us immediately and we will re-cement it as soon as possible. The temporary crown should not be left out of your mouth because the teeth may move and the final crown may then not fit.
- Certain foods may stick to the temporary restoration. Avoid chewing gum and sticky lollies such as Minties, Fantaes, and Jellybeans. Also avoid hard nuts.

4. Appearance

- The colour and shape of the plastic temporary crown will not necessarily resemble the final one. The final permanent restoration will look much more life-like.

5. Cleaning

- Please do gently brush and floss the temporary crown as you would with your natural teeth. It is important to gently brush and floss all around the gum line. Any soreness of the gum will soon go away.
- Be careful when removing floss – pulling it gently through the teeth rather than up and down is less likely to dislodge the temporary crown.
- A specific type of floss with threader is used for cleaning under bridgework. It is called Super-Floss.

If you have any questions or concerns,
please telephone the practice on **(07) 5577 1912**.

Aqua Dental Australia abn 43 129 861 669
Pacifica, Level 1, corner of Grice and Bruce Avenues Paradise Point Qld 4216
www.aquadental.com.au



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